

# **Introduction to ICM- III**

Capt Jeff LaRochelle, USAF MC  
Staff Internist, NNMC

# Important Contacts

- Cheryl Markham: Course Administrator
  - cmarkham@usuhs.mil
  - (202) 782-7056
- Capt Jeff LaRochelle: Course Director
  - jlarochelle@usuhs.mil
- ENS Yolanda Figueroa: Course Rep
  - s9yfigueroa@usuhs.mil
- Course Website
  - <http://usuhs.mil/icm/>

# Overview

- Combine skills of history and physical
- Golden opportunity for practice
- First step into world of a Physician
- Launching pad for clerkships
- Learn to be more than just a gatherer
  - RIME scheme

# Simulation Center

- Total of 4 Session with SPs
- Lasting 2hrs 30min
  - Complete H&P (75 minutes)
  - Case presentation and written H&P
    - Word on templates
  - Preceptor Teaching and Feedback
- Self Review of Video Tapes
  - More about this later

# Hospital Sessions

- One session will be with real patient
  - Inpatient setting (complicated!)
  - H&P, case presentation, feedback
  - Various hospital locations
- One session will be with SP in hospital
  - Focused H&P with “team”
  - Present in front of SP, feedback, mini-CEX
  - NNMC or WRAMC

# Specialty Sessions

- Broad ranging topics
- Varying clinical sites
  - Follow your schedules!!
- No written assignments
- Excellent learning opportunities

# Specific Sessions

- Pediatrics

- Adolescent interview at a High School
- Preschool physical at the base day care

- Ob-Gyn

- GUTAs conduct the pelvic/breast exam
- May add vaginal delivery simulation
- Sim Center at night

# Reading and Equipment

- Assume all your equipment is needed
- Textbooks
  - Evidence-Based Physical Diagnosis (McGee)
  - Mosby's Physical Examination
  - Course handouts
- Computer-based learning



# Responsibilities

- Professionalism
  - Watch out for the templates
- Uniform – Class B
  - No white coat at Preschool session
- Transportation
  - No parking at WRAMC
  - Allow adequate time for travel
- Attendance
  - Mandatory!

# Grades

- Preceptor evaluation: 30%
- OSCE: 25%
- Graded H&P: 25%
- ROS Quiz: 10%
- NBME subject exam: 10%
- 1<sup>st</sup> unexcused absence: -5% total pts
  - Subsequent absence: drop a letter grade
- DOMEK issues

# Videotape Self Review

- Must complete on first two sessions
  - See form in handbook
  - Same form used for Final H&P grade
- Importance of self-evaluation
- Continued learning

# Medical Write-up

- Follow template in course handbook
  - Medical communications tab
- Must return four to preceptor
  - Will not pass without the write-up

# Sim Center 101

- SPs should be treated as patients
  - Respect and dignity
  - Try to get into the role of a physician
- SPs will be providing feedback
  - Issues of professionalism

# Physical Exam Basics

- State your name clearly
  - Firm handshake
- Wash your hands
  - Let the patient know
  - Use your judgment
- Find out why they are there
  - Pursue the HPI completely (OPQRST)
  - Follow up and open-ended questions

# Physical Exam Basics

- Past Medical History
  - Childhood, medications, allergies
- Past Surgical History
- Family History
- Health Maintenance/ Social History
- Military History
- ROS Questions
  - Organization helps you and the patient

# Physical Exam Basics

- Head to Toe Exam
  - Checklist to provide completeness
- Stay organized
  - Develop a rhythm and pattern
  - Patient comfort and modesty
- Be definitive about the end of the exam



# Questions?

